

Hinei Ma Tov

Hinei ma tov

Lai lai lai lai lai

Lai lai lai lai lai

Hinei ma tov (Henei ma tov)

Lai lai lai lai lai

Lai lai lai lai lai

Behold how good and

How pleasant it is

For brothers to dwell together

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How pleasant it is

For brothers to dwell together...

Ameh

(inspired by the Abayudaya Jews of Uganda)

Am-eh am-eh am-eh Yis-ra-el-eh chai

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O--oh--od-eh A-vi-nu chai

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Hebrew meaning: The Jewish people lives! Our God yet lives!

In Luganda, a native dialect of Uganda, a vowel sound is often added to the end of words that normally end in a consonant. The Abayudaya have adopted this speech pattern in their pronunciation of modern Hebrew. This song reflects that melding of two cultures, two languages interacting with each other to reveal one universal message—that the strength of God and the Jewish people will live on forever.

Lecha Dodi

Lecha Dodi,
Likrat Kala, Likrat Kala,
Penei Shabbat n'kab'la, n'kabla.

Shabbat Shalom x 2
Shabbat shalom umevorach.

Come my beloved
to meet the bride, to meet the bride
Let us welcome the Sabbath.

A Sabbath of peace x2
Blessed Sabbath.

Barchu/Roll Into Dark

Bar'chu et Adonai ham'vorach
Baruch Adonai Ha-m'vorach (ha-m'vorach)
L'olam (l'olam) Va---ed
Ha-m'vorach (ha-m'vorach)
L'olam (l'olam) Va---ed

1) Roll into dark Roll into light
Night becomes day Day turns to night

2) Borei yom va-laila
Goleil or mip-nei cho-shech
Goleil or mip-nei cho-shech
V'cho-shech mip-nei or

God You Have Given Me – אלוהים אתה נתת לי –

Jah Levi

God you have given me
Everything I need
To be free
In the reality, oh oh...

In the reality, oh oh...
Elo-him ata na-ta-ta li
Kol Mah she-tza-rich
Li-hee-yot chof-shi
Ba-me-tzi-oot ha-zot

Shema

Shema Yisrael Adonai Eloheinu Adonai Echad

Mi Chamocha

Who is like unto Thee, O Lord, among the mighty?
Who is like unto Thee, glorious in holiness;
Fearful in praises, and doing wondrous deeds?

Mi kamocho Ba'elim Adonai?
Mi kamocho ne'dar bakodesh;
Nora tehillot, oseh pheleh.

Mi Sheberach - Debbie Friedman

Mi shebeirach avoteinu
M'kor hab'racha l'imoteinu
May the source of strength,
Who blessed the ones before us,
Help us find the courage to make our lives a blessing, and let us say, Amen.

Mi shebeirach imoteinu
M'kor hab'rachah l'avoteinu
Bless those in need of healing with r'fuah sh'leimah,
The renewal of body, the renewal of spirit, And let us say, Amen

Oseh Shalom

Oseh Shalom bim'ro'mav
Hu ya'aseh shalom alei'nu
V'al kol Yisrael
V'al kol yoshvei tevel
V'imru Amen

Kaddish for Black Lives

By Jewish Multiracial Network

Creator of life, source of compassion. Your breath remains the source of our spirit, even as too many of us cry out that we cannot breathe. Lovingly created in your image, the color of our bodies has imperiled our lives.

Black lives are commodified yet devalued, imitated but feared, exhibited but not seen. Black lives have been pursued by hatred, abandoned by indifference and betrayed by complacency.

Black lives have been lost to the violence of the vigilante, the cruelty of the marketplace and the silence of the comfortable.

We understand that Black lives are sacred, inherently valuable, and irreplaceable. We know that to oppress the body of the human is to break the heart of the divine. We yearn for the day when the bent will stand straight.

We pray that the hearts of our country will soften to the pain endured for centuries. We will do the work to bind up the wounds, to heal the shattered hearts, to break the yoke of oppression.

As the beauty of the heavens is revealed to us each day, may each day reveal to us the beauty of our common humanity. Amen.

Kaddish

Yitgadal v'yitkadash sh'mei raba
b'alma di v'ra chirutei,
v'yamlich malchutei,
b'chayeichon uv'yomeichon
uv'chayei d'chol beit Yisrael,
baagala uviz'man kariv,
v'im'ru: Amen.
Y'hei sh'mei raba m'varach
l'alam ul'almei almaya.
Yitbarach v'yishtabach v'yitpaar
v'yitromam v'yitnasei,
v'yit'hadar v'yitaleh v'yit'halal

sh'mei d'kud'sha b'rich hu,
l'eila min kol birchata v'shirata,
tushb'chata v'nechemata,
daamiran b'alma, v'imru: Amen.

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael, v'imru: Amen.
Oseh shalom bimromav, Hu yaaseh shalom aleinu, v'al kol Yisrael, v'imru: Amen.

Narrow Bridge - Lior Ben-Hur

Kol ha-o-lam ku-lo gesher tzar me'od
V'ha-i-kar lo l'fached klal
The whole world is a very narrow bridge;
the important thing is not to be afraid.
-Rabbi Nachman of Bratslav

Haolam x3
Haolam x3
Hoo ge-sheer tzar, tzar me-od
Ge-sheer tzar, ktzar-tzar me-od
Ve-ha-i-kar lo le-fa-ched klal

See the life, see the life that I'm leading, all this learning is growing and feeding
Just to get by as I get by.
Feel the beauty, beauty's fulfilling, our journeys are merging and meeting
Just to get by as we get by.
Hear my voice, hear my voice as I'm singing, every word and note are reflecting
What's on my mind do you.
We're just crossing by!

Would you hold my hand as we are walking on this narrow bridge?
We won't to be afraid together as the world's spins
We're just crossing by

Boee Kala - Lior Ben-Hur

Bo-ee ka-la, Bo-ee ka-la
Pe-ney Shabbat ne-ka-be-la
Bo-ee ka-la Bo-ee kala Bo-ee ka-la
Le-cha do-di, le-cha do-di lik-rat ka-la
Pe-ney Shabbat ne-ka-be-la